

Microchanneling & Microneedling Pre + Post Care

This advanced skin rejuvenation treatment stimulates collagen, improves skin tone and texture, and targets fine lines, scarring, and enlarged pores. Mild redness, pinpoint bleeding, and sensitivity are normal and can last 24 to 72 hours depending on your skin type and treatment depth.

Note:

For best results, a series of 3 to 6 sessions is recommended.

Studies show that one microneedling session can stimulate the production of collagen equivalent to what we naturally lose in a full year.

If you are 50 years or older, more sessions may be required to restore elasticity and skin health.

This treatment may also be combined with BioRePeel to address hyperpigmentation, acne scars, and dullness for enhanced results.

PRE-TREATMENT CARE:

- Discontinue use of retinols, exfoliants, and AHA/BHA acids 5 days prior.
- Avoid sun exposure and tanning for at least one week before treatment.
- Do not wax, shave, or use depilatory creams on the area 24 hours before.
- Avoid blood thinners (aspirin, ibuprofen, fish oil, alcohol) 24 hours prior unless medically necessary.
- Stay well hydrated leading up to your appointment.
- Inform your provider of any cold sores, active breakouts, or open wounds.

POST-TREATMENT CARE:

- Do not touch or rub the treated area unnecessarily for the first 24 hours.
- Avoid makeup for 24-48 hours.
- Use only the post-care skincare kit provided or recommended.
- Avoid sun, sweating, hot environments, or vigorous exercise for 48 hours.
- Do not use retinoids, AHAs, BHAs, or vitamin C for 5-7 days.
- Avoid swimming pools, saunas, and hot tubs for 72 hours.
- Apply broad-spectrum SPF 30+ daily.
- Keep the skin hydrated and allow any redness or flaking to heal naturally.

FOLLOW-UP & MAINTENANCE:

- For long-term results, follow-up sessions are typically spaced 4 to 6 weeks apart.

- Your provider may recommend combining with BioRePeel or other regenerative treatments for deeper pigmentation or texture issues.
- Redness, dryness, and slight sensitivity are normal and should subside within 2-3 days. Always contact your provider if anything feels unusual.